



**CANOE CLUB**  
Barnhall Rd, Leixlip, Kildare

## Upper Liffey Marathon Ranking Race Sunday, May 23rd at 12:00

### Long Start: From Temple Mills to Salmon Leap CC (16km)

Start above Temple Mills Weir. race upstream for 4 km, turn around island, continue downstream to Leixlip Dam, turn and finish at Salmon Leap Canoe Club

Open K2      K1 Div 1      K1 Div2

### Short Start: From Temple Mill to Salmon Leap CC (8km)

Start above Temple Mills Weir. downstream to Leixlip Dam, turn and finish at Salmon Leap Canoe Club

Open K2/T2      K1 Div 3      K1 Div 4      Open Canadian C2  
Men's GP      Woman's GP      U-18 Boys GP      U-18 Girls GP  
U-16 Boys GP      U-16 Girls GP

**Finish:            At Salmon Leap Canoe Club.**

*Are you 13 or younger??*

*Then you might like to do the fun race at 11:00. This short race will start and finish at Salmon Leap (the finish) and there will be prizes for everyone!*

Parking, Changing Facilities, Showers, Refreshments and Prize Giving at Salmon Leap Canoe Club

<b>Fees:</b>	<b>Seniors: €10</b>	<b>Juniors: €5</b>	<b>Fun Race: Free</b>
<b>Last entries</b>	<b>11:30</b>	<b>Start at</b>	<b>12:00</b>

Advance entries can be made by requesting an online form from [salmonleapracings@gmail.com](mailto:salmonleapracings@gmail.com)

ICU/CANI/BCU membership cards will be requested when entering. Neither the organisers nor the ICU accept responsibility for any damage or loss. Rough water course is Grade 3 with 2 weirs and 1 set of rapids. ICU Safety Rules Apply. See [www.salmonleapcanoecub.com](http://www.salmonleapcanoecub.com) for race updates.

